

New Patient Information

Name _____ Today's Date _____

Street Address _____

City _____ State _____ Zip _____

Preferred Phone _____ Email _____

Birth Date (include year) _____ Age _____

Gender _____ Height _____ Weight _____

Occupation _____

Marital Status _____ Referred by _____

Emergency Contact: Name _____ Phone _____

Other Practitioners Involved In Your Care:

Name _____ Phone _____

Name _____ Phone _____

Health History:

Have you had acupuncture before? _____ If so, for what reason? _____

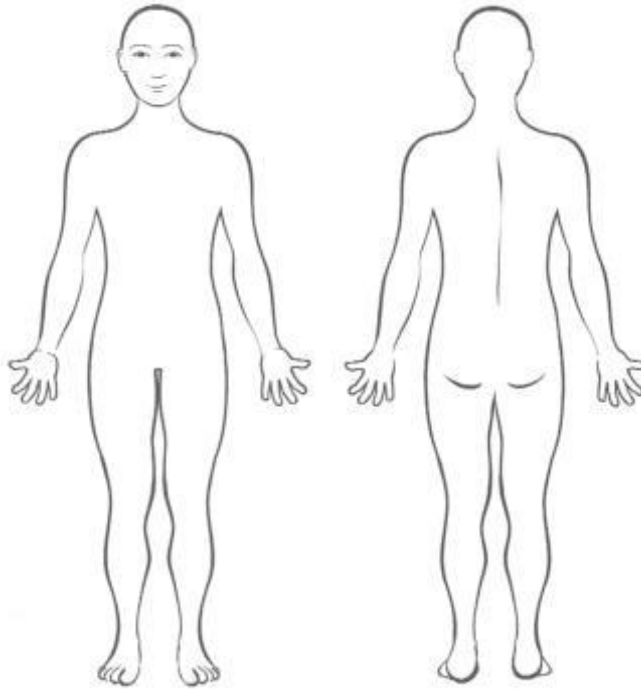
What would you like treated with Acupuncture? _____

How long have you had this condition? _____

What therapies have you already tried? _____

Diagnoses from a medical professional and approximate dates of diagnosis (if applicable):

Please mark any areas of pain or discomfort:



Please list areas of pain or discomfort below with the 1-10 pain scale:

(1: barely noticeable pain, 10: excruciating pain)

Please check any symptoms that you have experienced in the past or currently experience:

General

	past	current		past	current
sweating easily during the day	<input type="checkbox"/>	<input type="checkbox"/>	loss of appetite	<input type="checkbox"/>	<input type="checkbox"/>
weight loss/gain	<input type="checkbox"/>	<input type="checkbox"/>	increase in appetite	<input type="checkbox"/>	<input type="checkbox"/>
brain fog or confusion	<input type="checkbox"/>	<input type="checkbox"/>	trouble falling asleep	<input type="checkbox"/>	<input type="checkbox"/>
dizziness/vertigo	<input type="checkbox"/>	<input type="checkbox"/>	trouble staying asleep	<input type="checkbox"/>	<input type="checkbox"/>
fatigue during the day	<input type="checkbox"/>	<input type="checkbox"/>	swollen/sore lymph nodes	<input type="checkbox"/>	<input type="checkbox"/>
fevers	<input type="checkbox"/>	<input type="checkbox"/>	bleed or bruise easily	<input type="checkbox"/>	<input type="checkbox"/>
chills	<input type="checkbox"/>	<input type="checkbox"/>	autoimmune disease	<input type="checkbox"/>	<input type="checkbox"/>

Please elaborate:

Skin & Hair

	past	current		past	current
rashes/hives	<input type="checkbox"/>	<input type="checkbox"/>	psoriasis	<input type="checkbox"/>	<input type="checkbox"/>
eczema	<input type="checkbox"/>	<input type="checkbox"/>	itchy skin	<input type="checkbox"/>	<input type="checkbox"/>
dry skin	<input type="checkbox"/>	<input type="checkbox"/>	acne	<input type="checkbox"/>	<input type="checkbox"/>
oily skin	<input type="checkbox"/>	<input type="checkbox"/>	loss of hair/thinning hair	<input type="checkbox"/>	<input type="checkbox"/>

Please elaborate:

Head, Ears, Eyes, Nose & Throat

	past	current		past	current
earaches/pressure in the ears	<input type="checkbox"/>	<input type="checkbox"/>	headaches/migraines	<input type="checkbox"/>	<input type="checkbox"/>
ringing in the ears	<input type="checkbox"/>	<input type="checkbox"/>	sinus pressure	<input type="checkbox"/>	<input type="checkbox"/>
hearing loss	<input type="checkbox"/>	<input type="checkbox"/>	nose bleeds	<input type="checkbox"/>	<input type="checkbox"/>
eye floaters	<input type="checkbox"/>	<input type="checkbox"/>	dizziness/vertigo	<input type="checkbox"/>	<input type="checkbox"/>
itchy eyes	<input type="checkbox"/>	<input type="checkbox"/>	teeth/jaw clenching	<input type="checkbox"/>	<input type="checkbox"/>
blurry vision	<input type="checkbox"/>	<input type="checkbox"/>	sore throat	<input type="checkbox"/>	<input type="checkbox"/>
vision loss	<input type="checkbox"/>	<input type="checkbox"/>	swollen throat	<input type="checkbox"/>	<input type="checkbox"/>

Please elaborate:

Cardiovascular/Circulatory

	past	current		past	current
chest pain	<input type="checkbox"/>	<input type="checkbox"/>	swelling/edema	<input type="checkbox"/>	<input type="checkbox"/>
fainting	<input type="checkbox"/>	<input type="checkbox"/>	high blood pressure	<input type="checkbox"/>	<input type="checkbox"/>
lightheadedness	<input type="checkbox"/>	<input type="checkbox"/>	low blood pressure	<input type="checkbox"/>	<input type="checkbox"/>
cold hands & feet	<input type="checkbox"/>	<input type="checkbox"/>	palpitations	<input type="checkbox"/>	<input type="checkbox"/>
heart arrhythmia	<input type="checkbox"/>	<input type="checkbox"/>	heart murmur	<input type="checkbox"/>	<input type="checkbox"/>
shortness of breath	<input type="checkbox"/>	<input type="checkbox"/>			

Please elaborate:

Respiratory

	past	current		past	current
pain on inhaling	<input type="checkbox"/>	<input type="checkbox"/>	sneezing	<input type="checkbox"/>	<input type="checkbox"/>
chest tightness	<input type="checkbox"/>	<input type="checkbox"/>	seasonal/other allergies	<input type="checkbox"/>	<input type="checkbox"/>
cough	<input type="checkbox"/>	<input type="checkbox"/>	phlegm production	<input type="checkbox"/>	<input type="checkbox"/>
asthma	<input type="checkbox"/>	<input type="checkbox"/>	nasal congestion	<input type="checkbox"/>	<input type="checkbox"/>
wheezing	<input type="checkbox"/>	<input type="checkbox"/>	difficulty swallowing	<input type="checkbox"/>	<input type="checkbox"/>
pain behind the eyes	<input type="checkbox"/>	<input type="checkbox"/>			

Please elaborate:

Genito-Urinary

	past	current		past	current
difficulty urinating	<input type="checkbox"/>	<input type="checkbox"/>	urgent/frequent urination	<input type="checkbox"/>	<input type="checkbox"/>
blood in urine	<input type="checkbox"/>	<input type="checkbox"/>	sores on genitals	<input type="checkbox"/>	<input type="checkbox"/>
pain upon urination	<input type="checkbox"/>	<input type="checkbox"/>	genital pain	<input type="checkbox"/>	<input type="checkbox"/>
STD	<input type="checkbox"/>	<input type="checkbox"/>	yeast infections	<input type="checkbox"/>	<input type="checkbox"/>
bacterial vaginosis	<input type="checkbox"/>	<input type="checkbox"/>			

Please elaborate:

Neurological/Psychological

	past	current		past	current
anxiety	<input type="checkbox"/>	<input type="checkbox"/>	poor memory	<input type="checkbox"/>	<input type="checkbox"/>
depression	<input type="checkbox"/>	<input type="checkbox"/>	quick temper	<input type="checkbox"/>	<input type="checkbox"/>
loss of balance/coordination	<input type="checkbox"/>	<input type="checkbox"/>	easily susceptible to stress	<input type="checkbox"/>	<input type="checkbox"/>

areas of numbness/paralysis	<input type="checkbox"/>	<input type="checkbox"/>	mood swings	<input type="checkbox"/>	<input type="checkbox"/>
irritability	<input type="checkbox"/>	<input type="checkbox"/>	ADD/ADHD	<input type="checkbox"/>	<input type="checkbox"/>
Parkinsons	<input type="checkbox"/>	<input type="checkbox"/>	Multiple Sclerosis	<input type="checkbox"/>	<input type="checkbox"/>

Please elaborate:

Digestive

	past	current		past	current
heartburn	<input type="checkbox"/>	<input type="checkbox"/>	gas	<input type="checkbox"/>	<input type="checkbox"/>
belching	<input type="checkbox"/>	<input type="checkbox"/>	diarrhea	<input type="checkbox"/>	<input type="checkbox"/>
bloating	<input type="checkbox"/>	<input type="checkbox"/>	constipation	<input type="checkbox"/>	<input type="checkbox"/>
nausea	<input type="checkbox"/>	<input type="checkbox"/>	abdominal pain/cramps	<input type="checkbox"/>	<input type="checkbox"/>
vomiting	<input type="checkbox"/>	<input type="checkbox"/>	mucus in stool	<input type="checkbox"/>	<input type="checkbox"/>
chronic bad breath	<input type="checkbox"/>	<input type="checkbox"/>	blood in stool	<input type="checkbox"/>	<input type="checkbox"/>
sores on lips/tongue	<input type="checkbox"/>	<input type="checkbox"/>	hemorrhoids	<input type="checkbox"/>	<input type="checkbox"/>

Please elaborate:

For Women Only:

	past	current		past	current
irregular periods	<input type="checkbox"/>	<input type="checkbox"/>	breast pain	<input type="checkbox"/>	<input type="checkbox"/>
painful periods	<input type="checkbox"/>	<input type="checkbox"/>	vaginal discharge	<input type="checkbox"/>	<input type="checkbox"/>
bleeding between periods	<input type="checkbox"/>	<input type="checkbox"/>	vaginal sores	<input type="checkbox"/>	<input type="checkbox"/>
period clots	<input type="checkbox"/>	<input type="checkbox"/>	hot flashes	<input type="checkbox"/>	<input type="checkbox"/>
menstrual cramping	<input type="checkbox"/>	<input type="checkbox"/>	night sweating	<input type="checkbox"/>	<input type="checkbox"/>

age of first menses _____ duration of typical period _____

duration of typical cycle _____ date of last PAP _____

of pregnancies _____ # of live births (+ years) _____

of miscarriages _____ # of abortions _____

Are you currently pregnant or breastfeeding? _____

Have you been through menopause? Age? _____

Did you experience a difficult menopause?

Have you ever taken birth control pills? When and for how long? _____

Other premenstrual & menstrual symptoms (bloating, breast tenderness, irritability, mood swings, fatigue, loose stools, acne, etc.)

Please elaborate on any of the above:

For Men Only:

	past	current		past	current
erectile dysfunction/impotence	<input type="checkbox"/>	<input type="checkbox"/>	BPH	<input type="checkbox"/>	<input type="checkbox"/>
varicocele	<input type="checkbox"/>	<input type="checkbox"/>			

Please elaborate:

Lifestyle:

Current medications/herbs/supplements (please list dosages and how long you have been taking each):

Do you follow any certain diet or way of eating? (vegetarian, gluten-free, paleo, etc.)

How much water do you drink per day?

Have you used antibiotics in the past? If so, when and how often?

Current exercise routine:

Do you or have you ever used tobacco? If so, how often?

Do you or have you ever drank alcohol heavily? If so, how many drinks/week?

Do you or have you ever taken recreational drugs? If so, how often?

Allergies (medications/foods/chemicals/etc.):

Please circle any significant illnesses and indicate date:

Cancer	Hepatitis	Diabetes
High blood pressure	Epilepsy	Heart Attack
Stroke	Ulcer Disease	Liver Disease
Colon Polyps	Other _____	

Please list any major surgeries/hospitalizations and approximate dates:

Family Medical History

Cancer Seizures High blood pressure Stroke Diabetes
 Heart Attack Hepatitis Asthma Other _____

What are your goals for your health?

Please list any other relevant information or issues you would like to discuss:

Thank you for taking the time to fill out these forms. Please let us know if you have any questions or concerns.